



Fulfillment and Challenge Attract Many to Change Fields

Timeki Dennis, RN, who works in the Restorative Care Hospital in Baptist Memorial Hospital-Memphis, chose nursing as a second career after being a physical therapy assistant.

For 20 years the thought of becoming a nurse tugged at Joyce Eaton, but she ignored it.

After all, Eaton, 51, didn't like the idea of taking care of sick people. She grew up with a sister who was often ill. Her husband had chronic back problems, suffered from

heart disease and was later diagnosed with cancer. Sadly, he died two years ago. While taking care of her husband, Eaton was frustrated at not knowing how to help him. But gradually she realized she could take care of him. In a way, her husband's illness led her to nursing, Eaton said. Being able to

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CARF Gives Baptist Germantown Maximum Accreditation

The Commission on Accreditation of Rehabilitation Facilities recently accredited Baptist Rehabilitation-Germantown for three years for several of the hospital's programs, including brain injury inpatient rehabilitation for adults, brain injury inpatient rehabilitation for adolescents, inpatient rehabilitation programs for adults, inpatient rehabilitation programs for adolescents and inpatient rehabilitation for stroke patients.

CARF accreditation is the highest accreditation that a rehabilitation hospital can achieve.

Health care facilities accredited by CARF must demonstrate that the patients served are benefiting from the facilities' services.

Baptist Rehab-Germantown has received the maximum of three years of accreditation after receiving its first one-year accreditation in 2006.

To receive a three-year accreditation, organizations must undergo a rigorous peer review and show a team of surveyors during an onsite visit

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Baptist Accepts Applications for Teen Camp Good Grief

Weekend Camp Helps Teens

Learn to Cope with Grief

The Baptist Trinity Center for Good Grief is accepting applications for the seventh annual Teen Camp Good Grief to be held Friday, Oct. 19 through Sunday, Oct. 21 at Camp Bear Track in Drasco, Ark.

A professional and caring bereavement staff will have an active part in the camp, helping children communicate their feelings

and explore their grief through support groups and activities involving art, music, journaling and recreation. Transportation, lodging and meals will be provided.

Any teen between the ages of 13 and 16 who has lost a loved one in the last two years is eligible for the free camp, funded by a grant from the Baptist Memorial Health Care Foundation and the Junior League of Memphis.

Camp applications are due by Aug. 31, 2007. To request an application, make a donation or get more information, please call 901-767-6767.

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leader@bmhcc.org

GuideStone Annuity Representative Schedule

Dates and times are subject to change. Please contact your facility's Human Resources office for information. Baptist colleagues can contact Ken Peavy at 901-226-3518 or e-mail Ken.Peavy@GuideStone.org.

August 20	Baptist Memorial Hospital-Memphis
August 21	Baptist Memorial Hospital-Booneville
August 22	Baptist Memorial Hospital-Golden Triangle
August 23	Baptist Memorial Hospital-Union City
August 24	Baptist Memorial Hospital-Huntingdon
August 27	Baptist Memorial Hospital-Memphis
August 28	Baptist Memorial Hospital-Memphis
August 29	Baptist Memorial Hospital for Women
August 30	Baptist Memorial Hospital-North Mississippi
August 31	Baptist Memorial Hospital-Collierville

Baptist Memorial Hospital for Women Hosts RENEW

Baptist Memorial Hospital for Women will host a 12-week weight loss program for men and women beginning Monday, Sept. 10.

RENEW: Healthy Lifestyle Solutions is a program that addresses the emotional and lifestyle factors that lead to obesity and overeating. The program includes sessions on goal-setting, nutrition, exercise, conflict reso-

lution, developing a support network and relapse prevention.

The classes are limited to 12 participants a session and are typically offered four times a year.

For more information about RENEW or to register for a class, please call 901-227-9133.

Free Community Seminars

Baptist Memorial Hospital for Women is hosting free community seminars in the hospital's educational classrooms in August. The Dr. Sam P. Patterson Library Seminar Series addresses women's health and wellness issues. Reservations are required and can be made Monday through Friday by calling 800-4-BAPTIST or 901-227-8478.

Managing Parental Stress

Tuesday, Aug. 21, 1-2 p.m.

Kristi Davis and Cathy Ayres, childbirth educators at Baptist Women's Hospital, will discuss different types of stress parents experience and offer tips and techniques to deal with stressful situations.

Keeping Kids Safe

Friday, Aug. 31, 1-2 p.m.

Davis and Ayres discuss safety topics for parents, including creating a first aid kit and safety call list, home safety, hazards in the home, car safety and outdoor and recreational safety. Participants can also sign up for a free car seat check.

Daniel Lee, senior internal auditor, successfully completed the Certified Information Systems Auditor's exam. The Information Systems Audit and Control Association's CISA designation is the globally recognized achievement for those who control, monitor and assess an organization's information technology and business systems. Lee has been with BMHCC's Corporate Audit and Consulting department since 1995.

And if anyone gives even a cup of cold water to one of these little ones because he is my disciple, I tell you the truth, he will certainly not lose his reward.

MATTHEW 10:42



A Look Inside Hospital Wing

Campers at Baptist Memorial Hospital-North Mississippi's Nurse Camp were able to get a first-hand look recently at Hospital Wing, a non-profit airmedical transport for emergencies and inter-hospital transfers. Above, Newt Benson, EMT-P, speaks with the campers about the service as part of the camp's focus on critical and emergency services. Nurse Camp is funded with a grant from the Baptist Memorial Health Care Foundation.

Day of Caring Sept. 7

Volunteers are needed for the United Way Day of Caring beginning at 8 a.m. Sept. 7. The event, the largest one-day volunteer service event in the Mid-South, begins at Christ the Rock Metro Church on 8800 Winchester Road. Volunteers will perform community service jobs that include construction and repair, landscaping and cleaning, interior cleaning and organizing and painting. To volunteer, contact Kim Hunter, director in Risk Management, at 901-227-6662.

Service First Tip

Toyota Motor Sales USA Inc. has adopted the following formula for customer satisfaction:

Doing the job right the first time

+ Effective complaint management

= Maximum customer satisfaction and loyalty

Source: Press Ganey Associates

**BMHCC Helpline/Hotline
877-BMH-TIPS**

If you have a question about legal or regulatory requirements, suspect any violation of BMHCC Standards of Conduct, legal or regulatory requirements or suspect that anyone is committing acts of patient abuse in any form, call 877-BMH-TIPS. Reports to the hotline may be made anonymously. Calls are handled confidentially to the extent allowed by law. Baptist does not tolerate retaliation for reports made in good faith. It is the policy of Baptist Memorial Health Care to admit and provide services to patients and guests without distinction due to race, color, age, religion, sex, national origin, handicap or disability. Marilyn Dunavant is Baptist's corporate compliance officer.

Finding a Tutor

If your children are having a hard time learning to read, need a hand with their calculus homework, or could use some help in developing better study skills in general, a tutor may be the answer. The Better Business Bureau has advice on finding and working with a tutor to best meet your child's needs.

Many students rely on a tutor to help them overcome a learning disability, tackle a tough subject in school, or just get ahead of the curve. Tutoring is a \$5.2 billion industry and includes one-on-one tutors, learning centers and even help through Web sites and software.

Private tutors can be expensive—\$30 to \$70 an hour—but they do offer the most tailored approach for helping your child learn. Qualifying families with limited income can receive free tutor sessions for their children as part of the No Child Left Behind Act.

A commercial learning center, such as Sylvan or Huntington, typically costs around \$150 per week, paid weekly or monthly. A learning center provides a more social atmosphere for the child; usually a tutor assists several children at a time. These programs often offer incentives for children to help make learning more fun and are typically very good about reporting on your child's progress.

For the computer-savvy child, online tutoring usually requires a monthly fee of \$35 to \$130. One drawback is the limited monitoring and reporting on the child's progress.

The BBB offers the following advice for finding and working with a tutor:

Start your search at www.bbb.org for free BBB Reliability Reports that will help you make informed decisions.

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Getting a CRASH Course on the Basics of Nursing

Dianna Garner, RN, right, shows CRASH Course students at Baptist Memorial Hospital for Women how to take a blood pressure during recent classroom instruction. CRASH Course is an intense nursing camp geared toward high schoolers interested in a health care career and is funded with a grant from the Baptist Memorial Health Care Foundation.

FINANCIAL HEALTH MATTERS

Retirement Planning for People in Their Late 30s to Early 50s

Planning for retirement should be a life-long process.

For people in mid-career, the late 30s to early 50s are crucial to having a successful plan for your retirement years.

Consider these facts:

■ If you haven't started investing for retirement yet—start today!

In a perfect world, you would have started saving for retirement when you started your first job. However, most of us don't live in a perfect world. Start where you can and increase your retirement contributions each year as you get salary increases. If you are investing for retirement now, don't quit.

Many families find that these middle years are very expensive

with new drivers, college expenses, and even wedding costs.

You may be tempted to stop or back off your retirement contributions.

Remember, you can get loans for many expenses, but they don't make loans for your retirement needs.

■ Calculate how much you will need in retirement.

Most financial planners say the average family in retirement needs to have the resources to replace around 70-80 percent of their pre-retirement income. This would translate into an investment account equal to around 10 times your salary in the year you retire.

Also this assumes Social Security will provide about a quarter of your pre-retirement income.

■ Know where you are now.

Take the time to evaluate your current retirement savings and

your current contribution level. Don't be discouraged if you are behind in your retirement planning.

■ Make a plan and work the plan.

Retirement planning needs your attention throughout your working years. If you are in your late 30s to early 50s, your decisions today will affect you for years to come. A little planning now goes a long way toward having what you need in your retirement years.

In an upcoming Baptist Leader we will conclude this series by discussing retirement strategies for people in their mid 50s to 60s.

If you would like to review your portfolio with your local GuideStone representative, Ken Peavy, please call 901-226-3518. In the coming weeks, he will visit your facility, and will gladly assist you with any questions you may have concerning your retirement benefit at Baptist.

LEADER'S CORNER



Jason Little, Administrator and CEO,
Baptist Memorial Hospital-Memphis

Every year, both the public's and the government's expectations of hospitals grow in regard to our care and outcomes.

Quality measures and results affect reimbursement and reputation more and more each day. Through public reporting, disclosure and the Internet, the public has more information about the quality of hospitals and physicians. Our customers increasingly are using those data to make decisions about their care.

What does that mean to us as caregivers?

We have an awesome responsibility. We must continue to provide the best care possible for those entrusted to us, but we also are responsible for publicly demonstrating that each step of that care meets an established benchmark for quality on every patient, every time.

This applies to the full continuum of care at Baptist Memorial Hospital-Memphis, whether a patient has a stomachache or is scheduled for a heart transplant. In addition, it applies to every member of our team. Each of us works together to create an environment of service, quality care and safety.

At Baptist Memphis, just like other Baptist Memorial facilities, there are many initiatives and programs in place to remind us about quality care. Falls prevention initiatives, hand-washing programs and our new electronic medical record system are tangible examples of the tools in place to support colleagues in their efforts to enhance the care they provide.

To augment our falls prevention program, we placed signs in the front

of each unit that state how many days have passed since our last fall. To complement our hand-washing program at Baptist Memphis, we just installed new automatic alcohol gel dispensers to make it more convenient for our staff to actively participate in infection control. With our new computer system, we have placed computers in every room, on medication carts, on wheels and on portable screens to provide easy access for this transformational work.

All of these enhancements to programs are important because they create lasting culture. We don't want to have a new focus each month forgetting what last month was about. We want each quality effort to become so engrained and repetitive in our work that it becomes second-nature. Remember that quality reporting is about being consistent every time, not just most of the time.

In the last year, Baptist Memorial Hospital-Memphis has been recognized for our quality efforts by several reporting agencies. In August, we received the Thomson 100 Top Hospitals®: Performance Improvement Leaders award. This award recognizes the hospitals who have achieved the fastest five-year rate of consistent annual organization-wide improvement in the industry. Our Baptist Heart Institute also has been recognized for outstanding cardiac services by HealthGrades, the nation's leading health care ratings organization. The Baptist Heart Institute was named Memphis' top-rated heart program, with heart surgery services ranking in the top 5 percent in the nation. Additionally, Baptist Memphis was selected as the Most Exceptional Hospital by Commercial Appeal readers.

Those are only a few of the awards, and our Baptist team is deserving of these accolades, but there is little time to rest on our laurels. We continue to be measured on outcomes, not activity. Focusing our efforts amidst the sea of competing priorities takes commitment and culture. Everywhere one turns, a visitor or colleague must see safety and quality in place.

Our patients' future choices are made based on how we deliver their care and on the outcomes that we achieve. So we must be comfortable under the microscope, because the world of health care becomes increasingly more transparent each day. We must continue to communicate effectively, work diligently, focus intently, perform correctly, treat compassionately and celebrate openly. Patients will continue to access the abundance of publicly reported quality data available to them. And with our team and our results, I am confident that their choice will remain clear.

Five Questions with Jason Little

When I'm not working, I enjoy playing with my three children. Hudson is 4, Maddox is 2 and Sarah Katherine is 4 months. They keep us entertained and on our toes.

The best piece of advice I received was from a mentor at another organization. Years ago, I was deciding between several job offers. He prayed with me and then said choose Baptist because you can be involved in both health care and ministry. He was right.

Few people know that I was blessed to receive a college scholarship that paid for a year of study and travel overseas. I studied in England and visited 28 foreign countries. It was a life-changing experience that helped me decide to become an administrator in health care.

If I weren't at Baptist, I'd be teaching history and coaching high school football.

The thing I enjoy most about working at Baptist is the meaningful work we all share. At Baptist, you never have to look far to find dedicated teammates who understand the joy that comes from helping others. That daily education and inspiration from your co-workers and patients make this a special place.

BCHS Professor Named Baptist Memorial Health Care Nursing Researcher

Nursing professor Diana Baker recently was named Baptist Memorial Health Care's new coordinator for nursing research.

Baker is the first person to hold the new position and will play a key role in nursing research



Diana Baker

planning for the Baptist system, as well as formalizing and organizing different nursing efforts. In addition, she will collaborate with physicians and other health care practitioners to implement new, evidence-based nursing initiatives designed to enhance patient care. The position was made possible through a grant from the Baptist Memorial Health Care Foundation.

"We are thrilled to have Dr. Baker in this position," said Beverly Jordan, vice president and chief nursing officer for Baptist. "Her research will allow us to better understand our nursing practice and how we can use evidence to enhance the care we provide to our patients. Dr. Baker will facilitate this aspect of our professional practice with more than 4,000 nurses across the Baptist Memorial Health Care system. Her incredible experience with nurses and nursing students coupled with her dynamic passion for nursing makes her the best person for this new role."

Baker has been in nursing for more than 40 years. Most recently, she served on the faculty of the Baptist College of Health Sciences.

"Nursing is moving forward in its function to improve patient outcomes," Baker said. "Baptist is committed to providing quality patient care, and nurses are integral in achieving that goal."

help people in a profound way is why she decided to pursue nursing as a career.

"I knew I could help – even if it was nothing more than bringing comfort," Eaton said. "I thought taking care of sick people would be draining. In nursing you give a lot, but you get so much more back. They always say it's more blessed to give than to receive. I really feel like that in nursing. I have a sense of fulfillment, a sense of completeness."

Eaton holds an associate's degree in computer programming. She worked briefly in that field but has spent most of her professional career in office administration. She began nursing school at Baptist College of Health Sciences four years ago and will graduate in April 2008. She wants to be an oncology nurse.

Second career nurses are excellent hires, said Mary Banks, chief nursing officer at Baptist Memorial Hospital-Desoto. "They have chosen nursing after time in another profession. They have selected a career in nursing because it more matches their personality and what they want to achieve in life."

Nursing is attractive as a second career for many reasons, Banks said. Nursing provides more than a source of income; it offers people the chance to have a direct effect on other people's lives and is intellectually stimulating, Banks said.

Because of the ever-increasing demand for nurses, people know they have job security even if they move to another part of the country. Flexible work schedules and increased salaries also make nursing an attractive second career.

With so many different specialties in nursing, nurses can change career paths while remaining in the same corporation. Nurses can work in different areas of the hospital or go into case management or education. There are always opportunities to expand academic knowledge.

Those career path opportunities are one of the many aspects of nursing that appeal to recent BCHS nursing graduate Timeki Dennis. Dennis works at Baptist Memorial Restorative Care Hospital where she finds her work very rewarding. Eventually she would like to

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— Joyce Eaton, RN

pursue an advanced degree and may go into teaching one day. Dennis, 38, was a physical therapy assistant for 13 years before becoming a nurse.

"In nursing you have many more opportunities to do so many different things," Dennis said. "You don't have to get stuck in one place."

People interested in a nursing career should not be daunted by the thought of going back to school, Eaton said, even though she says she is old enough to be the mother of many of her fellow students. "The way I look at it is I still have 20 years to go," Eaton said.

Nursing school has been very challenging and it took a while to adjust because it was her first experience working in a hospital setting. At first she worked full-time and attended school part-time. Now she goes to school full-time and works part time as a nursing intern at Baptist Memorial Hospital-Memphis. "I love being there; the nurses are so supportive," Eaton said.

Employment of registered nurses is expected to grow much faster than average for all occupations through 2014, and, because the occupation is very large, many new jobs will result, according to the U.S. Bureau of Labor Statistics. In fact, registered nurses are projected to create the second largest number of new jobs among all occupations.

In a report released in April 2006, the Health Resources and Services Administration (HRSA) projects that more than 1 million new registered nurses will be needed in the U.S. healthcare system to meet the demand for nursing care.

that the organization is committed to following CARF's accreditation conditions and standards at the conclusion of a successful one-year accreditation.

"This recognition is a testament to the hospital's commitment to quality," said Susan Stralka, CEO and administrator of Baptist Rehab-Germantown. "Our staff is dedicated to staying on the leading edge of medicine, so we can provide the best rehabilitation care to patients. That commitment and dedication are shown by receiving the maximum accreditation possible."

CARF is an independent, not-for-profit accrediting body whose mission is to promote the quality, value and optimal outcomes of services through a consultative accreditation process centered around enhancing the lives of the people served.

You should also ask for recommendations. You can start with your child's teacher; other parents and friends can be a good resource as well.

Check the tutor's credentials and make sure they're qualified in the subject area your child needs help with.

Meet with the tutor and discuss measurable, specific goals to be achieved and don't be afraid to hold the tutor and the child accountable if goals aren't met.

For more trustworthy information on issues affecting your child's education go to www.bbb.org.

The Better Business Bureau of the Mid-South is headquartered in Memphis and serves West Tennessee, North Mississippi, and Eastern Arkansas. Its membership comprises leading businesses that meet the BBB's standards and support its efforts to inform and protect the public. Visit the BBB's website at www.midsouth.bbb.org or contact us at 901-759-1300 or 800-222-8754.

BAPTIST COLLEGE OF HEALTH SCIENCES

Help For Baptist Operation Outreach

Pictured are, left to right, BCHS students Mitchell Cross; Kelly Nale; and Patti Whitlock; Kimmie Vaulx, marketing and community relations director for Baptist Memorial Health Care; Denese Shumaker, director of Baptist Operation Outreach; students Candace McHand; Michael Castellaw; and Dr. Betty Sue McGarvey, president of Baptist College of Health Sciences.

The Student Government Association at Baptist College of Health Sciences recently donated \$500 raised through various fundraisers held by the SGA to the Baptist Operation Outreach health care van.



CLASSIFIED ADS

HOUSEHOLD

- Solid oak antique church pew, 50.5"X17" deep, \$400; burgundy wingback chair, excellent condition, \$100; multi-print wingback chair, excellent condition, \$100. Call 901-756-4002.
- Three American Signature sea island white 24-inch bar stools, all wood, pine finished seats, \$70 each OBO. Call 901-734-7533.
- Green sofa and love seat, two end tables and coffee table, wood, \$125 for set, will consider selling separately. Call 901-751-8087 after 6 p.m.
- 18 cubic foot refrigerator, one year old, excellent condition, \$200. Call 901-949-9014.

REAL ESTATE

- East Memphis home for sale, 3 BR/1 BA, convenient to Baptist Memphis, corner lot, carport, carpet over hardwood, brick exterior, \$77,000. Call 901-744-6452.
- Home for sale at 8080 Bensford Lane near Hacks Cross and Shelby Drive, 3 BR/2 BA, wood burning fireplace, two-car garage, includes refrigerator, dishwasher, W/D, hot tub and shed, wood fenced back yard, closing help available, \$143,900. Call 901-826-4434.
- Tipton County home FSBO, 3 BR/2 BA, master walk-in closet, large back yard, newly constructed front porch, must sell, \$80,000 OBO. Call 901-476-7516.
- Pickwick Pines Resort cabin for sale, 1 BR/1 BA, near swimming pool, tennis courts, activity center, marina and lake, \$87,500. Call Clay at 901-212-5002 for information and pictures.
- Southeast Memphis home for sale, 3 BR/2 BA, two-car garage, new carpet and appliances, new kitchen and bath tile, master bath with Jacuzzi tub, separate laundry room, large fenced back yard, closing assistance, \$125,000. Call 901-832-4712.
- Parkway Village area home FSBO, 5 BR/2 BA with guest house in large fenced back yard, entry hall, separate dining and living room, kitchen opens to den, \$89,000 OBO. Call 901-573-7162.
- Arlington area home for sale, 5 BR/3 BA, sitting room off one bedroom, fenced yard, two-car garage, wood blinds throughout, gas logs with one-year warranty, near Arlington schools, \$228,000. Call 901-335-8433.
- DeSoto County home FSBO, on 3 acres, 5,800 square feet, 5 BR/4.5 BA, 3 gas fireplaces, pool with deck/hot tub, library, adult playroom includes movie theater with 18 stadium seats, pool table and 10-person Texas Hold 'Em poker table and foosball table, home also has regulation size sand volleyball court, \$420,000. Owner offering \$10,000 flooring allowance. Call 662-404-0079.
- Cottage style house for sale on lake with two lake lots. Call 662-449-5341.
- Collierville duplex for rent, 3 BR/1 BA, large fenced back yard and walking distance to park and town square, \$675 per month. Call 901-491-3456.

VEHICLES

- 2004 Nissan Titan XE king cab pickup, 93,000 highway miles, garage kept, very clean, \$9,800 OBO. Call 901-603-8333.

CLASSIFIED AD GUIDELINES

Classified ads are published as a service to Baptist colleagues in each edition of Baptist Leader. Submissions for each edition of Leader must be received by 2 p.m. on the preceding Monday. For any ad, please include work number and location for verification purposes and **one non-work number for publication**.

Ads run at least once, and will run as space allows. New ads will receive preference over repeat ads. Services and goods offered must be legitimate and legal, and Leader cannot be responsible for misprints, omissions or false advertising. All ads may be rejected at the discretion of Baptist Memorial Health Care administration or the editor.

Ads for services and goods must be offered or wanted by Baptist colleagues, individuals or independent contractors. Franchises, other non-independent services, medical, dental and other clinical services are not eligible for classified ads.

To submit an ad, e-mail leader@bmhcc.org or fax to 901-227-3516.

- 1960 14-foot Orlando all aircraft aluminum V-bottom john boat with 1965 Johnson 9.5 hp outboard, lots of extras, trolling motor, paddles, cushioned seats, cargo hatch, \$800 or will trade for old truck. Call 901-752-4511.
- 2003 Harley Davidson Anniversary Edition Softail, black, 7,600 miles, fuel injected, alarm, 1450cc engine, \$12,000. Call Clark at 662-526-0041.
- 15-foot bass boat, fiberglass tri-hull, 60hp Mercury outboard, 5-speed MinnKota trolling motor, multi-port battery case, live well, Lowrance flasher unit, runs great, boat, motor and trailer for \$1,500. Call 901-755-1394.
- 2006 Acura TSX, black with tan leather, spoiler, 19,000 miles, excellent condition, \$26,500. Call 901-581-5774.
- 1996 Ford Mustang GT convertible, auto, V8, black with tan leather, power windows and locks, AM/FM/CD, chrome rims, many extras, 69,000 miles, excellent condition, \$6,500 OBO. Call Derrick at 870-703-3194 or e-mail philambsau@yahoo.com for photos.
- Two 1997 Seadoos by Bombardier personal watercraft, each seats three adults, double trailer included, \$7,000; 35-foot Criss Craft cabin cruiser, 2 BR, kitchenette/living room, mini bar, bathroom with shower, located in Memphis, \$35,000. Call 662-404-0079.
- 2006 Ford F-150 Lariat, 4WD, V8, black with tan leather interior, AM/FM/CD/Mp3, bed liner with top, tilt, cruise, power seats and windows, excellent condition, 22,500 miles, \$27,500. Call 901-268-3495.
- 2005 Lexus RX330, flint mica exterior, gray leather with walnut accents, tilt/telescopic steering, memory

control power driver's seat, moonroof, sliding console, dual climate control, heated front seats, rain-sensing intermittent windshield wipers, roof rack with rails, power rear door, 32,000 miles, \$29,500. Call 901-854-3734.

- 1993 Dodge Dakota, V6, auto, power locks and windows, tilt, \$2,100; 1992 Ford Aerostar van, auto, V6, rebuilt transmission, new rack and pinion, \$1,300. Call 901-795-8800.
- 1994 Toyota pickup, 4WD, 5 sp, green, extended cab, runs well, new bedliner, CD player, 151,000 miles, \$4,200 OBO. Call 662-781-4929.

MISCELLANEOUS

- Three 30-inch barstools, great condition, \$200 for all three. Call 901-871-8181 for photos.
- Fisher Price walker, holds up to 20 pounds; jumperoo, holds up to 34 pounds; and a swing, holds up to 28 pounds. All three for \$75 or call for separate pricing. Call 901-365-2581.
- Nikon N75 35mm camera with 28-90mm lens with leather carrying case, \$175 OBO. Call 901-867-0521.
- Spinnet piano, good condition, \$200. Call 901-837-2373.
- Bowflex sport, \$350. Call 662-449-5341.
- 120-foot chain link fence, poles, end caps and two gates, \$600. Call 901-826-5091.
- Wood burning stove, never installed or used, \$500 OBO. Call 662-280-4720.
- Wood burning stove with blowers, inserts into existing fireplace, \$200. Call 662-404-0079.
- Restaurant equipment, two conveyor pizza ovens, dough roller, miscellaneous steel tables. Call 901-351-1158.
- Accent student trumpet, three years old, gold tone, contains mouthpiece, case and cleaning kit, \$300. Call 901-409-4187.
- Pet grooming table with grooming arm and loop, \$60. Call 901-734-2012.

SERVICES

- Interior painting, free estimates. Call Charles at 901-238-8833.
- Inside or outside painting, room additions, decks, fencing, siding, sheetrock repair and more. Call Dan at 901-756-4002.
- Tree trimming, reasonable prices, free estimates. Call 901-949-5114.

PETS

- 10-year-old black male cat needs home, gentle, shots and fixed. Call 901-355-1916.
- Need home for gentle male cat, gray tabby and white; baby rabbits for sale, Dutch-black with white markings, only two left, \$25 each. Call 662-280-4720.
- Two female cats to good home, one grey/orange tabby and one black/grey tabby. Call 901-649-4966.

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