

Leader



Video games enhance therapy for rehabilitation patients



An art to caring

Above, Ron Childers, meteorologist for WMC-TV and master of ceremonies for the Art of Caring event, interviews Amber and Summer, both campers at Camp Good Grief, during the Art of Caring art auction Aug. 23 at Chickasaw Oaks Plaza. Below, noted Memphis artist NJ Woods, center, talks with bidders in front of the painting she donated to the auction. Art of Caring, a reception and silent art auction hosted by the Baptist Memorial Health Care Foundation, raises money to benefit Baptist Trinity Hospice House and the Kemmons Wilson Family Center for Good Grief. Woods was also the Jane Pridgen Award winner as outstanding contributing artist to Art of Caring. The award is in honor of Pridgen, a founding member of the Art of Caring committee.



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leader@bmhcc.org

GuideStone Annuity Representative Schedule

Dates and times are subject to change. Please contact your facility's human resources office for information. Baptist colleagues can contact Ken Peavy at 901-226-3518 or e-mail Ken.Peavy@GuideStone.org, contact April Mollerberg at 901-226-3516 or e-mail April.Mollerberg@GuideStone.org.

Sept. 2	Baptist Memphis	Sept. 22	Baptist Memphis
Sept. 3	Baptist Women's Hospital	Sept. 23	Baptist DeSoto
Sept. 8	Baptist Memphis	Sept. 24	Baptist Tipton
Sept. 9	Baptist Collierville	Sept. 24	Baptist Lauderdale
Sept. 9	Baptist DeSoto	Sept. 25	Corporate Building
Sept. 10-11	Baptist Golden Triangle	Sept. 25	Baptist Union City
Sept. 12	Baptist Memphis	Sept. 26	Baptist Huntingdon
Sept. 15	Baptist Memphis	Sept. 29	Baptist Memphis
Sept. 17	Baptist Memphis	Sept. 30	NEA Baptist (Jonesboro)
Sept. 17	Baptist Women's Hospital	Sept. 30	Baptist North Mississippi
Sept. 17	Baptist Trinity	Oct. 1	Baptist Union County
Sept. 18	Baptist Rehab-Germantown	Oct. 2	Baptist Booneville

Volunteer for United Way Day of Caring

Every year the United Way makes a difference in the lives of thousands of Mid-South men, women and children. Baptist employees were extremely generous in past United Way campaigns. Last year our Metro employees contributed more than \$125,000 to the Greater Mid-South United Way, a 40 percent increase over the previous year.

But there are many other community needs where your financial contributions alone are not enough. For the past several years during the annual United Way Day of Caring, a team of 30 Baptist Metro colleagues has volunteered their personal time to help a United Way agency in this community. In past years we have painted houses (inside and out), scraped and painted an indoor swimming pool, cleared debris and brush and trailblazed at the Lichterman Nature Center, as well as other general cleaning projects. Many of the United Way member agencies do not have the funds or workers to tackle these projects without help from dedicated volunteers.

This year, the United Way Day of Caring takes place on Sept. 12. If you would like to volunteer your time and talents to help our greater community, please call Kim Hunter, corporate claims and risk management, at 901-227-6662.



Etiquette ED

Q: There is a somewhat sensitive matter I need to discuss with a co-worker, but I'm a little nervous about the conversation. Any tips?

A: A sincere discussion can lead to understanding and build trust. But there are some simple things to keep in mind when discussing a sensitive matter: 1) Always give someone the benefit of the doubt. Believe the best about someone until the facts prove you wrong. 2) It's all about timing. Don't discuss sensitive matters with someone who's tired, hungry, worried or in a bad mood. 3) You don't need an audience. Discuss sensitive matters in private. 4) Face-to-face communication is always best, so discuss sensitive matters in person, not over the phone or by e-mail.

Come to Me, all you who are weary and burdened, and I will give you rest.

MATTHEW 11:28



Baptist Memorial Hospital-Huntingdon's 27-member Relay for Life team won numerous team awards and raised nearly \$10,000 to benefit the American Cancer Society recently. In addition, Baptist Huntingdon, as a gold sponsor, donated nearly \$2,000. The Baptist Huntingdon team's theme was Constructing a Cure, and the team was directed by team co-captains Jennifer Britt, RN, case management coordinator, and Lisa Dickson, radiology technologist. The team received awards for most money raised by business and industry, team spirit and second place for its campsite.

BMHCC Helpline/Hotline
877-BMH-TIPS

If you have a question about legal or regulatory requirements, suspect any violation of BMHCC Standards of Conduct, legal or regulatory requirements or suspect that anyone is committing acts of patient abuse in any form, call 877-BMH-TIPS. Reports to the hotline may be made anonymously. Calls are handled confidentially to the extent allowed by law. Baptist does not tolerate retaliation for reports made in good faith. It is the policy of Baptist Memorial Health Care to admit and provide services to patients and guests without distinction due to race, color, age, religion, sex, national origin, handicap or disability. Marilyn Dunavant is Baptist's corporate compliance officer.

Useful Numbers

Center for Education and Organizational Development

■ To register for classes and seminars hosted by CEOD, call (901) 227-0660.

Information Systems Customer Support Center

■ Open seven days a week, 24 hours a day. Colleagues needing computer technical assistance can call (901) 227-7777, (888) 838-3777 or e-mail HelpDesk@bmhcc.org.

AROUND THE SYSTEM

The Baptist Memorial Health Care Foundation's 13th annual Cardiac Classic golf tournament, benefiting the Baptist Heart Institute through the Baptist Heart Fund, will be held on Monday, Sept. 29, at Colonial Country Club.

The four-person scramble will begin with an 11 a.m. lunch and a noon shotgun start.

The entry fee for one four-person team is \$1,500, and several sponsorship opportunities are also available for businesses.

For more information on Cardiac Classic, contact the Baptist Memorial Health Care Foundation at 901-227-7123.

Within the past 12 years, the Cardiac Classic tournament has raised more than \$700,000 for the Baptist Heart Fund, which was established to provide financial support for initiatives that benefit cardiovascular patients and their care.

The fund has been used to provide necessary medications to needy patients, purchase cardiovascular equipment, and provide continuing education for nurses and other staff.

Nina Smothers, director of pharmacy and assistant administrator at Baptist Memorial Hospital-Huntingdon, was the featured speaker at a recent banquet honoring the scholastic achievements of 61 Huntingdon Middle School students.



Nina Smothers

Baptist Huntingdon sponsored the banquet as the school's Partner in Education.

A bright future

Eleven Booneville-area sixth and seventh graders recently got to see what it's like to work in health care.

Baptist Memorial Hospital-Booneville was one site to host Navigating Educational Opportunities in Nursing, a state program to enhance nursing awareness and expose middle and high school students to different aspects of health care. The program is supported by a grant awarded by the U.S. Department of Labor's Community Based Job Training Grants to the Mississippi Corridor Consortium, consisting of Northeast Mississippi Community College, Itawamba Community College and East Mississippi Community College.

"I thoroughly enjoyed the whole week," said Teresa Barrett, RN, staff development at Baptist Booneville. "The kids were so excited and eager each day. They all want to return next year."

It was the first time for Baptist Booneville to host such a program, which is also held at Baptist Memorial Hospital-Union County and Baptist Memorial Hospital-Golden Triangle.

At Baptist Union County, 14 students attended the camp and visited different areas of the hospital, spoke with staff and physicians and were able to learn about emergency helicopter transporting from the flight crew from Magnolia Hospital.

At Booneville, hospital departments designed the events for participants, who spent half-days in various clinical departments through the



Above, Teresa Barrett, RN, center, staff development at Baptist Memorial Hospital-Booneville, stands outside the hospital with her NEON students. Below, Weston Filgo gets strapped to a stretcher as part of an emergency demonstration for NEON students at Baptist Memorial Hospital-Union County.



week. For example, the physical therapy department had students navigate various everyday obstacles such as stairs and doorways while wearing braces or in a wheelchair. And students were able to see an echocardiogram live.

Students applying to the program also wrote essays outlining why they wanted to be a part of the NEON program.

"The program is designed to expose children to health care jobs at an early age," said Debbie Ricks, NEON project director at Northeast Mississippi Community

College. "Many of the parents have told us that without participating in the program, health care wasn't a consideration when talking about careers. We believe exposing children at a younger age allows them to cater their education toward health care and start a pipeline of potential health care employees."

In fact, many NEON participants attended Baptist Booneville's recent back-to-school health fair and reiterated their wish to participate in the program again.

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Therapy's more fun when it's a game

Rehab patients use video games to complement treatment

Some physical therapy patients at Baptist Memorial Hospital-DeSoto and Baptist Rehabilitation-Germantown get to play video games on the Nintendo Wii.

More than fun, playing games on the Wii has a significant benefit for therapy patients. It's part of a growing trend to complement regular rehabilitation with video games. Because playing games on Wii requires balance, coordination and memory skills, it's a perfect blend for rehab patients recovering from strokes, heart attacks, fractures or other injuries or illnesses affecting their mobility.

Jane Jones, 90, watches a bowling ball roll down the lane on a television screen. She's playing against Katie Phifer. Both are playing Wii as a complement to their regular therapy at Baptist Rehabilitation-Germantown.

"This brings a little joy to the rehab process," Phifer said. "It's fun."

"It also gets patients on their feet and moving around," said John Chandler, physical therapist at Baptist Rehabilitation-Germantown. "They have to process what they're doing with the wand and how it affects what their character does in the game."

Therapy patient Margie Rider of Southaven is using Wii Fit at Baptist DeSoto. She stands on an interactive board that records and reacts to her weight shifts.



She's playing a game that "In addition to the balance during certain games, which can Above, Jane Jones, left, and Katie Phifer play a video game of tennis against each other during physical therapy at Baptist Rehabilitation-Germantown. Both are using the Wii video game, which is quickly becoming a therapy tool to complement traditional treatment. John Chandler, PT, helps in the therapy. Below, Margie Rider, rehabilitating a serious knee injury, works on shifting her weight as her "skier" responds to the weight shifts on the Wii fit board at Baptist Memorial Hospital-DeSoto. Wes Williams, PT, monitors her progress.



requires her to shift her weight to move balls around a board on the television. It's balance therapy for a knee injury she suffered from a fall.

and motor skills benefits, Wii also gives patients some touch sensations," said Wes Williams, physical therapist at Baptist DeSoto. "The remote vibrates

be very helpful with some patients who have decreased visual or auditory sensation.

(Continued on page 5)

Ready to get back to school

Josie Hill, 8, gets her height measured by Jessica Simpson of the Baptist Union County wellness center at the back-to-school health fair at Baptist Memorial Hospital-Union County, Saturday, Aug. 9.



Change in your Internet access

During the next few weeks you will notice a change when accessing the Internet from within Baptist. This is because we are changing to a new proxy server.

What is a proxy server?

A proxy server is a computer that sits between a client (the user) and Web site to intercept requests. There are several uses of a proxy server, but the most common is to speed network traffic by caching pages or files that are requested often. By doing so, the proxy server can deliver the request quickly, only polling the Web site when required. In this way, a proxy server not only speeds up network traffic, but also relieves site load. Major Internet hubs and internet service providers employ dozens of proxy servers.

Filtering is another use for a proxy server. Baptist uses the proxy to filter out requests for certain Web sites that are harmful or inappropriate. A proxy server is also commonly used as a firewall. It will scan for malware, viruses, and other threats, helping to safeguard the Baptist network and workstations.

The change will be implemented by modifying the proxy configuration setting in your Internet browser. This will be done automatically for you when you log into your computer. This change will be transparent to the user but you will notice a new Internet login prompt screen. You can go to <http://isportal/sites/InternetAccess/Webwasher/Webwasher%20Notice.doc> to see how the new login will look.

The changes will be deployed facility by facility. You can expect further communication from your administrative team as the change draws closer.

NEON

(Continued from page 3)

Parents attended the final day of NEON for a luncheon and also got to see posters the students created highlighting their impressions of the program.

"From CPR training to visiting radiology and surgery, our students got to see and participate in what actually takes place in a hospital. They were able to meet our patients and families," said Judy Ramey, chief nursing officer at Baptist Booneville. "This is especially beneficial to hospitals such as ours, and we're proud to be able to show our community what we do. Maybe through this program some of our participants hear the calling to serve."

Nintendo therapy

(Continued from page 4)

"Therapists can be very creative in how they adapt the use of Wii for the benefit of each patient," he said. "But playing games functions to benefit patients' memory, sequencing and motor skills, which help as they transition toward being as independent as possible."

"Wii can also help bridge generation gaps, as it can be enjoyable for grandchildren and grandparents," said Debbie Lock, PT, Baptist Rehab-Germantown.

In addition, they can also continue therapy at home with a Wii. A therapist can recommend activities and any assistance needed for safe enjoyment.

NEA Clinic Charitable Foundation is hosting Dick Hoyt of "Team Hoyt" at the Arkansas State University Convocation Center in Jonesboro, Ark., at 7 p.m. Sept. 23. Dick and Rick Hoyt are a father-and-son endurance team that has competed in many marathons and the Ironman World Triathlon Championships in Hawaii. The feats are remarkable, more so because Rick cannot walk or talk, as at Rick's birth in 1962 the umbilical cord cut off oxygen to his brain. Dick Hoyt will deliver a special message of hope and determination. Tickets range from \$15 for children under 15 to \$100 for reserved priority seating with a meet-and-greet reception, and are on sale at the ASU box office or by calling 870-972-2781. All proceeds benefit the NEA Clinic Charitable Foundation.

How to determine when you need lumbar disc surgery

Clarence Watridge, MD, and Semmes-Murphey Neurologic & Spine Institute are hosting a free educational seminar on lumbar disc surgery. The seminar is 6-7 p.m. Sept. 4 at Semmes-Murphey Clinic at 6325 Humphreys Blvd. To register, please call 901-522-2619 or go online at www.semmes-murphey.com.

Baptist Memorial Hospital for Women's annual fall Christmas sale for colleagues, guests and visitors begins Sept. 22 at Suite 201 of the physicians office building and the Baptist Women's Hospital gift shop and Dr. Sam P. Patterson Library. Gifts, home decor and Christmas merchandise will be dramatically discounted for this sale.

CLASSIFIED ADS

YARD SALE

- Yard sale Saturday, Aug. 30 in Summer Meadows Subdivision in Arlington, variety of items for sale, including furniture, linens, clothes, toys, books and more. Take exit 25 and turn left of Summers Road, then follow signs. For information, call 901-867-3554.

VEHICLES

- 1992 Ford Bronco, full size, 4WD, 173,000 miles, exterior and interior in great condition, needs minor work, smoke gray, \$1,800. Call 901-340-4951.
- 2005 Chevrolet Impala LS sport, silver, loaded, tint, 61,000 miles, \$12,000. Call 870-316-3776.
- 2005 Kawasaki Mule 3010, camouflage, 100 hours, 2,500-lb. Warn winch, metal top, lift and ITP Mud Lite tires, Optima battery, \$7,500. Call 662-934-1156.
- 2001 Dodge Grand Caravan, gray, runs well, 100,000 miles, \$2,500. Call 901-734-5821 and leave a message.
- 2006 Toyota Tacoma access cab, 4 WD, 5 spd, 4 cyl, power, cruise, AM/FM/CD, matching color hard bed-cover, 25,000 miles, \$18,500. Call 901-826-8798.
- 1994 Honda Shadow 600 motorcycle, great condition, 5,000 miles, teal and cream color with new tires, garage kept, \$2,300. Call 901-652-0694.

REAL ESTATE

- University of Memphis area home for lease, 4 BR/2 BA, fenced yard, two fireplaces, central heat and air, appliances, \$1,250 month, first and last month. Call 901-240-2072.
- Davies Plantation home for lease, 3300 Wolsteholme, 5 BR/3 BA, two car attached garage, two car detached garage, great room, banquet-size dining room, eat-in kitchen, office, updated hardwood floors, tile, new carpet and fresh paint, security cameras and sprinkler system, \$1,900 lease or lease to own. Call 901-292-8700.
- Walnut Grove condominium FSBO, 2 BR/1 BA, near Poplar Plaza, gated community. See listing at www.forsalebyowner.com, listing 20965244, \$39,000. Call 901-489-4813.
- Bartlett area home for rent, 3 BR/2 BA, bonus room, master bath with Jacuzzi and separate shower, eat-in kitchen, walk-in attic, vaulted ceilings, two car garage, storage building and patio in backyard, home built in 2000, \$1,500 per month. Call 901-380-3684.
- Hardeman County Candlewood Lakes mobile home for sale, 2 BR, screened-in deck, some furniture, refrigerator, washer and dryer, storage building and two-seater pontoon boat. This is a members only, gated community with a club house and swimming pool. Call 901-262-8422.
- Collierville home for rent, \$2,400 per month, lease/purchase or sale, 5 BR/2.5 BA, more than 3,100 square feet, oversized rooms, granite countertops, stainless cooktop with convection oven, hardwood floors, master bath with Jacuzzi and separate shower, newly renovated eat-in kitchen, two-car garage and fenced yard. Call 901-494-3380.

SERVICES

- Garage door service, free estimates. Call 901-438-8401.
- Independent Volkswagen, Audi and BMW service and repair, factory trained technician, combined 38 years experience. Call 901-761-3443 or e-mail wolfsburgautomotive@yahoo.com.
- Window replacement, mirrors and custom shower enclosures, new or replacement. Call 901-299-0204.
- Babysitting, newborns to preschoolers, two spots available at Atoka home. Call Linda at 901-840-4536.
- Babysitting in my home, Olive Branch, also available for after school pickup. Call 901-691-9647.
- Complete lawn care and odd jobs, automotive repair, reasonable rates. Call Mike at 901-387-8332 for a free estimate.
- Home renovations, room additions, decks, fencing, electrical, plumbing and more. Call Dan at 901-756-4002 for a free estimate.

MISCELLANEOUS

- 1996 Prowler fifth wheel camper, one owner, 33.5 feet, queen bed, washer/dryer combination, two swivel chairs, slide out with three-seat couch and four-chair dinette, mini tub with shower, portable dump station. Call 901-647-2171 after 2:30 p.m.
- Two lawn tickets to the B-52's at Live at the Garden Sept. 13, \$60 for both. Call Kristie at 901-628-6123.
- Fifth wheel camper, sleeps six, great shape, \$5,500. Call 901-634-6493.
- Set of four 22-inch rim with 305/40/22 tires, 5 lug 135, in good condition, 60-70 percent tread life remaining on tires, fits 1997-2003 Ford F-150s, Expeditions and other Ford vehicles, \$1,200 OBO. Call 901-649-4966.
- Three tickets to Tina Turner concert Oct. 3 at the United Center in Chicago, section 231, row 3, seats 4, 5 and 6, \$175 each, includes parking pass in the United Center. Call Tina at 901-212-0735.
- Original WWI and WWII nursing, cadet nursing and American Red Cross posters, some framed. Call 901-683-5399 or e-mail cyn1353@yahoo.com for photos, prices and details.
- 2006 John Deere model X300 riding mower, used three seasons, 42-inch deck with bag catcher, excellent condition, \$2,000. Call 901-854-9414.

PETS

- 3-year-old sorrel gelding, AQHA, green broke, gentle, \$400; 4-month-old sorrel filly, \$400. Call 662-224-4846.
- AKC registered lab puppies, six weeks old, champion bloodline, four chocolate, two black, shots and wormed, males \$350, females \$300, parents on site. Call 901-574-2153.
- AKC registered boxer puppies, born July 2, have rcvd shots, wormed, three female, two male, \$300, can e-mail photos on request. Call 662-507-2770.

CLASSIFIED AD GUIDELINES

Classified ads are published as a service to Baptist colleagues in each edition of Baptist Leader. Submissions for each edition of Leader must be received by 2 p.m. on the preceding Monday. For any ad, please include work number and location for verification purposes and **one non-work number for publication**.

Ads run at least once, and will run as space allows. New ads will receive preference over repeat ads. Services and goods offered must be legitimate and legal, and Leader cannot be responsible for misprints, omissions or false advertising. All ads may be rejected at the discretion of Baptist Memorial Health Care administration or the editor.

Ads for services and goods must be offered or wanted by Baptist colleagues, individuals or independent contractors. Franchises, other non-independent services, medical, dental and other clinical services are not eligible for classified ads.

To submit an ad, e-mail leader@bmhcc.org or fax to 901-227-3516.

WANTED

- 26-inch women's mountain bike in good condition, preferably lightweight construction. Call Jason at 901-355-7301.
- Reliable and flexible transportation needed for two teenage sons, need afternoon pick up from White Station area schools and drop off at home on Mud Island, times vary, compensation to cover time and gas expense. Call Joni at 901-359-7158.
- Roommate needed, prefer single college-age student, non-smoker. Please call 901-233-6033 for details. Only serious inquiries please.

HOUSEHOLD

- Ashley kitchen table with four chairs, two bar stools, baker's rack, all wood and iron, \$975; off-white iron bed with matching night stand, full size, \$125; white whirlpool microwave, \$40. Call 662-292-6378.
- Mahogany dresser with mirror, \$150 OBO; new pull down attic stairs, still in box, \$75 OBO; wrought iron outdoor table and chairs, \$50 OBO. Call 901-756-6454.
- Trundle bed, twin with pull out twin below, \$80; kitchen sink, white cast iron with disposal, \$90. Call 901-853-2364.
- Hooker cherry wood entertainment center, slide out type for floor model TVs, \$600, moving, must sell. Call 901-409-3669.