



Seasonal and H1N1 flu planning

BAPTIST MEMPHIS

Chandler named administrator; Little to oversee metro hospitals

Baptist Memorial Health Care recently named Jason Little vice president of metro-Memphis operations and Zach Chandler CEO and administrator of Baptist Memorial Hospital-Memphis.

Little, who is being promoted from administrator and CEO of Baptist Memphis, now will oversee operations at Baptist's eight Memphis-area hospitals. During his Baptist career, he has served as administrator and CEO of three



Jason Little



Zach Chandler

Baptist Memorial hospitals.

Chandler comes back to Baptist from Methodist Charlton

Medical Center in Dallas, where he served as president for two years. He spent the previous 10 years at Baptist, during which

time he served as administrator and CEO of three Baptist Memorial hospitals.

"We are thrilled to welcome Jason Little and Zach Chandler to their new roles," said David Hogan, executive vice president and chief operating officer for Baptist Memorial Health Care. "Both men are extremely talented, bright leaders who have really made a difference in our organization."

BAPTIST MEMORIAL HEALTH CARE

Systemwide preparation for seasonal flu

Colleagues urged to get vaccines, use best practices with hand hygiene, respiratory etiquette

Baptist Memorial Health Care, in working with local and state departments of health and the Centers for Disease Control and Prevention, will begin offering seasonal flu vaccines to Baptist colleagues Sept. 1.

According to the CDC, "the single best way to protect yourself and others against influenza is to get a flu vaccination each year. The flu shot is approved for use in people older than 6 months, including healthy people and people with chronic medical conditions."

The CDC also recommends the yearly flu vaccinations should begin in September or as soon as the vaccine is available and continue throughout the influenza season. This year,

(Continued on page 4)

Online educational resources and information

- www.cdc.gov — Centers for Disease Control and Prevention
 - www.pandemicflu.gov — CDC's "what to do" regarding pandemic flu
 - www.msdh.state.ms.us — Mississippi Department of Health
 - health.state.tn.us — Tennessee Department of Health
 - www.healtharkansas.com — Arkansas Department of Health
- Additional resources at BaptistOnline.org and on the Baptist intranet.



Baptist colleagues are encouraged to get a flu shot and exercise best practices regarding respiratory etiquette and hand hygiene.

GuideStone Annuity Representative Schedule

Dates and times are subject to change. Please contact your facility's human resources office for information. Baptist colleagues can contact Ken Peavy at 901-226-3518 or e-mail Ken.Peavy@GuideStone.org, contact April Mollerberg at 901-226-3516 or e-mail April.Mollerberg@GuideStone.org.

Sept. 1Baptist ColliervilleBaptist Lauderdale County	Sept. 15Baptist DeSoto Poplar Ave.; Olive Branch Minor Meds
Sept. 2Baptist Women's HospitalCordova and Bartlett Minor Meds	Sept. 16Baptist Women's Hospital
Sept. 3Baptist Tipton	Sept. 16Baptist Trinity
Sept. 4Baptist Memphis	Sept. 17-18Baptist Golden Triangle
Sept. 8Shared ServicesBaptist Memphis	Sept. 21Baptist Memphis
Sept. 10Concern EAPMedical Alternatives	Sept. 22Baptist DeSoto
Sept. 14Baptist Memphis	Sept. 23Baptist Booneville
	Sept. 24Baptist Union County
	Sept. 29Baptist Union City
	Sept. 30Baptist Huntingdon

Baptist has agreed to participate in **United Way Day of Caring 2009 Sept. 18**. The largest single-day volunteer event in Memphis, it allows members of the corporate community to come together and engage in hands-on work to help people in need. Past volunteers have engaged in painting, landscaping, improving low-income housing, assisting nonprofits with limited resources, cleaning or removing debris from neighborhoods in need, and working with local youth and seniors or people facing disabling challenges throughout our community. The kickoff starts at 8 a.m. at Christ the Rock Metro Church, 8800 Winchester Road. Colleague participation may require your manager's approval and use of PTO. If you would like to participate or need more information, call Kim Hunter in corporate risk management at 901-227-6662. All volunteers are asked to sign up by Friday, Sept. 4 and include your T-shirt size. Baptist colleagues are scheduled to work at Porter Leath, a Memphis organization that helps meet the health and social needs of low-income children and families. Volunteers will be filing, painting, organizing and putting together care packages.

Baptist College of Health Sciences' RN to BSN program is designed for RNs with associate degrees or diplomas who are ready to take the next step in their professional development by completing a Bachelor of Science in Nursing degree, which may open a variety of doors in management, leadership, teaching and special certification programs. BCHS's unique blended model program is designed for the working adult. The blended model format offers the independence and flexibility of taking classes online while at the same time providing a traditional classroom environment and support for other classes.

This format is ideal for students who are apprehensive about online programs but don't have the time to attend a full, campus-based program.

It also allows greater flexibility in scheduling classes around daycare, work and other responsibilities.

The RN to BSN program is designed to allow students to complete their degree in 12 months. Information sessions are from 5-7 p.m. Aug. 27 and Sept. 8. For more information regarding the RN to BSN blended program, contact Lissa Morgan, BCHS manager of admissions, at 901-572-2441, or e-mail lissa.morgan@bchs.edu.

*Worship the Lord in the splendor of His holiness.
Tremble before Him, all the earth.*

PSALM 96:9

Office of e-health initiatives joins new statewide electronic health information partnership

Tennesseans can expect the broader accessibility and secure exchange of electronic health information with the creation of a new not-for-profit organization of Tennessee health care leaders and organizations.

The Health Information Partnership for Tennessee (HIP TN), the new not-for-profit, is a public-private entity that brings together the state's local, regional and state electronic health information initiatives and resources into a collaborative partnership and framework. HIP TN will work to improve access to health information so health care providers and consumers can make better, more informed health care decisions.



Bob Gordon

"We have reached another milestone in the evolution of electronic health information exchange in Tennessee," said Bob Gordon, Mid-South eHealth Alliance board member and HIP TN chair. "Our state has received national recognition for leadership in electronic health information and for our regional health information initiatives. HIP TN is another example of just how dedicated our state's forward-thinking health care providers and stakeholders are to Tennessee's progress in electronic health information."

The Office of e-Health Initiatives will support HIP TN's efforts as Commissioner Dave Goetz, Tennessee Department of Finance and Administration, joins the partnership's board of directors with Melissa Hargiss, director of the Office of e-Health Initiatives, serving HIP TN in an ex-officio capacity.

"HIP TN wants to advance the exchange of health information between providers to make sure patients receive well-coordinated care, thereby improving quality and cost efficiencies, no matter the setting or level of care," Hargiss said. "One of the key objectives on which HIP TN will focus is security and privacy for consumers and health care providers, making sure a patient's confidential information is protected and shared with providers only in a secure manner."

HIP TN representatives met recently in Nashville to finalize board of director members and to organize the various workgroups that will work with Tennessee's Department of Finance and Administration and Office of e-Health Initiatives in developing a statewide, strategic health information exchange plan.

When finalized, HIP TN will approve the plan the Office of e-Health will submit to the U.S. Health and Human Service Department's Office of National Coordinator (ONC), the federal agency with oversight of the health information technology portions of the American Recovery and Reinvestment Act (ARRA).

The plan will be Tennessee's application to draw federal stimulus funds for health information exchange.

ARRA includes approximately \$2 billion in funding opportunities for health information technology, including \$500 million for regional health information exchange initiatives.

SEASONAL FLU INFO FROM THE CDC

FREQUENTLY ASKED QUESTIONS FROM THE CDC

Do you expect the virus to surge in the fall? And if that's so, do you expect it to be worse than it has been?

We do expect seasonal influenza to return in the fall or winter. Every year we see many strains of influenza circulate, and the timing of the beginning of illness can vary from early to late fall to winter, depending on the part of the country. We're certain we'll continue to have a seasonal problem with influenza. Whether this virus will cause more illness than it's been causing recently, whether it will dominate among the seasonal flu viruses or whether it will really disappear is not predictable right now.

We're focusing now on being prepared for the possibility that it will be serious. We do think that it is very likely this new influenza strain will be a problem in the fall, based on what we are seeing this summer in the U.S. and in the Southern Hemisphere right now.

Are there other ways to prevent the spread of illness?

All Americans share in the responsibility to plan for this fall's flu season. Given the unique combination of regular seasonal flu, as well as the H1N1 virus, it's important to reduce the transmis-

sion of influenza. American families and businesses should prepare their own household and business plans and think through the steps they will need to take if a family member or a co-worker contracts the flu. Visit www.flu.gov to find information to help take the necessary steps to prepare for flu season and limit the spread of the flu virus. Here are some everyday actions that you and your family can take to stay healthy.

Stay home if you get sick. Limit contact with others to keep from infecting them. Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective. Avoid touching your eyes, nose or mouth. Germs spread that way.

Follow the advice of your local public health department regarding school closures, avoiding crowds and other measures to reduce flu transmission. These measures will continue to be important after a novel H1N1 vaccine is available because they can prevent the spread of other viruses that cause respiratory infections.

How long can an infected

person spread H1N1 (swine) flu to others?

People with H1N1 influenza virus infection should be considered potentially contagious as long as they are symptomatic and possibly for up to seven days following illness onset. Children, especially younger children, might potentially be contagious for longer periods.

What surfaces are most likely to be sources of contamination?

Germs can be spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth. Droplets from a cough or sneeze of an infected person move through the air. Germs can be spread when people touch respiratory droplets from other people on a surface like a desk, for example, and then touch their own eyes, mouth or nose before washing their hands.

How long can influenza virus remain viable on objects (such as books and doorknobs)?

Studies have shown that influenza virus can survive on environmental surfaces and can infect a person for up to two to

(Continued on page 5)

How Flu Spreads

Person to Person

The main way that influenza viruses are spread is from person to person in respiratory droplets of coughs and sneezes. (This is called "droplet spread.") This can happen when droplets from a cough or sneeze of an infected person are propelled through the air and deposited on the mouth or nose of people nearby. Influenza viruses may also be spread when people touch respiratory droplets on others or an object and then touch their own mouth or nose (or someone else's mouth or nose) before washing their hands.

The Flu Is Contagious

Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 days after becoming sick. Children may pass the virus for longer than 7 days. Symptoms start 1-4 days after the virus enters the body. That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Some people can be infected with the flu virus but have no symptoms. During this time, those persons can still spread the virus to others.

"Take 3" steps to fight the flu

These actions will protect against the new H1N1

Flu is a serious contagious disease. Each year in the United States, on average, more than 200,000 people are hospitalized and 36,000 people die from seasonal flu complications.

This flu season could be worse. There is a new and very different flu virus spreading worldwide among

people called novel or new H1N1 flu. This virus may cause more illness or more severe illness than usual.

The Centers for Disease Control and Prevention recommends a yearly seasonal flu vaccine as the first and most important step in protecting against seasonal influenza.

While there are many different flu viruses, the seasonal flu vaccine protects against the three seasonal viruses that research suggests will be most common.

Vaccination is especially important for people at high risk of serious flu complications, including young children; pregnant women; people with chronic health conditions like asthma, diabetes or heart and lung disease; and people 65 years and older.

Seasonal flu vaccine is also important for health care workers, and other people who live with or care for high risk people, to prevent giving the flu to people at high risk.

A seasonal vaccine will not protect

you against novel H1N1, but a new vaccine against novel H1N1 is being produced and will be available in the coming months as an option for prevention of novel H1N1 infection.

Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.

(Continued on page 5)

Seasonal vaccinations

(Continued from page 1)

Baptist is taking a more proactive role regarding flu prevention – namely, information and education on flu vaccinations and best practices regarding hand hygiene and limiting risk.

“As Baptist colleagues, we should all know the facts, and I encourage all colleagues to get a flu vaccine,” said Beverly Jordan, vice president and chief nursing officer. “Each colleague should take responsibility for the safety and health of themselves, their families, patients and the community.”

Denese Bryant, manager of employee health at Baptist Memorial Hospital-Memphis, said getting information about the flu and receiving a vaccine are more impor-

tant than ever. This year, the seasonal flu is somewhat overshadowed by the H1N1 flu, but the seasonal flu is a priority now.

Colleagues are being asked to complete flu education modules on NetLearning by the end of September.

“Baptist will be offering H1N1 vaccinations when they are available, but seasonal flu is the more urgent matter right now,” Bryant said. “Most healthy adults may be able to infect others the day before they have symptoms and up to five days after becoming sick. That means an infected adult may pass the flu to family, friends, co-workers and patients before they know they are ill.”

The flu can cause mild to severe illness and, at times, can lead to death. In fact, the CDC reports about 36,000 deaths annually



Denese Bryant

because of the flu. The seasonal flu is distinguished from the H1N1 flu, formerly called the Swine Flu.

According to the CDC, seasonal flu is a respiratory illness that can be transmitted person to person, and a vaccine is available. Novel H1N1 flu is a new influenza virus causing illness in people. This new virus was first detected in the U.S. in April 2009 and has spread to many countries around the world.

“Baptist is beginning an extensive campaign in cooperation with local

and state health departments to get as much information out to the community as possible,” said Richard Drewry, MD, vice president and chief medical officer for Baptist Memorial Health Care. “Like many other facilities, we are following the procedures and guidelines outlined by the CDC to prepare colleagues for seasonal flu and H1N1 flu.”

The CDC reports in years when the vaccine and circulating viruses were well-matched, vaccines can be expected to reduce laboratory-confirmed influenza by about 70-90 percent in healthy adults younger than 65.

For more information, colleagues can visit the CDC online at www.CDC.gov. Colleagues can also get information through the Baptist intranet by clicking on the Swine Flu Update link, or contact their facility’s employee health nurse.

LEADER'S CORNER



Beverly Jordan, Vice President and Chief Nursing Officer, Baptist Memorial Health Care

Much of what we do day to day is dealing with things we can't control.

Traffic, challenging patients, delays, others' priorities – if you're a parent or caring for an elderly relative – much of our time during the day is spent dealing with things that have already happened.

Given an event that occurs, as professional caregivers we launch into that mode of help. We respond, using history, training and practice as a guide to help who needs help. At that moment of need, there is no time for anxiety, hesitation or denial; we do what we

are trained to do.

Can you sit at work anxious about what's going to come through the door? Can you function in your job and at home crippled by what may happen? You can't, and you know it. You can prepare, but to worry about what may happen is a failure to capitalize on what you can do.

Flu season approaches. This year is especially noteworthy because in addition to the seasonal flu, there is a lot of media attention about the H1N1 flu. This issue of Leader focuses on the flu because Baptist is making education and prevention a priority.

As a Baptist colleague, you have a responsibility to protect yourself, family, patients and the community. Seasonal flu vaccines will be offered at some Baptist hospitals as soon as Sept. 1, others as soon as the vaccine is available. I strongly encourage you to receive the vaccine.

Perhaps one in five of us will get the flu this season, and according to the Centers for Disease Control

and Prevention, more people die from the flu than any other vaccine-preventable disease, on average more than 35,000 each year.

Many people do not get the vaccine for myriad reasons, some of which are legitimate health reasons. But colleagues who are candidates for the vaccine should seriously consider receiving a vaccine. Baptist is offering the vaccine to colleagues earlier than it has in the past, and we want all colleagues to know as much about the seasonal flu as possible, not only for themselves, but also to be able to educate the community and be ambassadors for Baptist.

This is a wake-up call – the seasonal flu is real and it is every Baptist colleague's responsibility to be accountable to their families, friends and patients. Get as much information as you can. Baptist updates its flu page on the intranet almost daily, and you can get updated information also from the CDC Web site at CDC.gov.

Baptist hospitals and employee

health nurses are giving ample opportunity for every colleague to take advantage of protecting themselves by getting a seasonal flu vaccination. When available, another vaccination for the H1N1 flu will be offered.

Many predict an earlier onset of seasonal flu this year. You all know the virus changes, which means we cannot control who and when it infects someone. But we can prepare, as we do with anything else, by taking necessary precautions, getting as much information as possible and being as conscientious as we can at work, home and out in the community.

The potential impact of one colleague's neglect is staggering, which is why Baptist is addressing this issue. I will receive a vaccine at the earliest available opportunity and continue best hygiene and respiratory etiquette practices.

My family will be vaccinated. I will do what I am supposed to do to limit my chance of infection.

Will you do the same?

Q&A

(Continued from page 3)

eight hours after being deposited on the surface.

How can someone with the flu infect someone else?

Infected people may be able to infect others beginning one day before symptoms develop and up to seven or more days after becoming sick. That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.

What are the FDA's requirements and recommendations for the food industry regarding workers who are sick?

Current Good Manufacturing Practice Requirements:

Long-standing federal regulations require that any person who is shown to have, or appears to have, an illness by which there is a reasonable possibility of food, food-contact surfaces, or food-packaging materials becoming contaminated must be excluded from any operations that may be expected to result in such contamination until the health condition is corrected. The regulations also require that food facility managers instruct personnel to report illnesses to their supervisors.

Most state and local authorities have adopted Food Code provisions

as regulatory requirements. In addition to several other restrictions applicable to food employees experiencing certain symptoms of illness, the Food Code stipulates that employees experiencing persistent sneezing, coughing or a runny nose that causes discharges from the eyes, nose or mouth may not work with exposed food or clean equipment, utensils, linens, or unwrapped single-service or single-use articles.

How does the H1N1 virus spread?

Spread of this H1N1 virus is thought to be happening in the same way that seasonal flu spreads. Flu viruses are spread mainly from person to person through coughing or sneezing by people with influenza. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose.

What kills influenza virus? What household cleaners kill the virus?

Influenza virus is destroyed by heat (167-212 degrees fahrenheit). In addition, several chemical germicides, including chlorine, hydrogen peroxide, detergents (soap), iodophors (iodine-based antiseptics), and alcohols are effective against human influenza viruses if used in proper concentration for a sufficient length of time. For example, wipes or gels with alcohol in them can be used

to clean hands. The gels should be rubbed into hands until they are dry.

What household cleaning should be done to prevent the spread of influenza virus?

To prevent the spread of influenza virus, it is important to keep surfaces (especially bedside tables, surfaces in the bathroom, kitchen counters and toys for children) clean by wiping them down with a household disinfectant according to directions on the product label.

Is there a risk from drinking water?

Tap water that has been treated by conventional disinfection processes does not likely pose a risk for transmission of influenza viruses. Current drinking water treatment regulations provide a high degree of protection from viruses. No research has been completed on the susceptibility of the novel H1N1 flu virus to conventional drinking water treatment processes. However, recent studies have demonstrated that free chlorine levels typically used in drinking water treatment are adequate to inactivate highly pathogenic H5N1 avian influenza. It is likely that other influenza viruses such as novel H1N1 would also be similarly inactivated by chlorination. To date, there have been no documented human cases of influenza caused by exposure to influenza-contaminated drinking water.

What is H1N1 flu?

H1N1, formerly referred to as "swine flu," is a new influenza virus causing illness in people.

This new virus was first detected in people in the United States in April 2009. Other countries, including Mexico and Canada, have reported people sick with this new virus. This virus is spreading from person to person, probably in much the same way that regular seasonal influenza viruses spread.

The symptoms of H1N1 flu in people are similar to the symptoms of regular human flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with H1N1 flu. In the past, severe illness (pneumonia and respiratory failure) and deaths have been reported with H1N1 flu infection in people. Like seasonal flu, H1N1 flu may cause a worsening of underlying chronic medical conditions.

Emergency warning signs that need urgent medical attention include: Fast breathing or trouble breathing; bluish or gray skin color; sudden dizziness; confusion; pain or pressure in the chest or abdomen; not drinking enough fluids; severe or persistent vomiting; not waking up or not interacting; in children, being so irritable that the child does not want to be held; flu-like symptoms that improve but then return with fever and worse cough.

3 steps

(Continued from page 3)

Avoid touching your eyes, nose or mouth. Try to avoid close contact with sick people.

If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your

fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Colleagues can contact their facility's employee health nurse for information prior to returning to work. Keep away from others as much as possible. This is to keep from making others sick.

While sick, limit contact with others to keep from infecting them. Contact your hospital's employee health nurse for information.

Take flu antiviral drugs if your doctor recommends them.

If you get seasonal or novel H1N1 flu, antiviral drugs can treat the flu.

Though the scientific evidence is not as extensive as that on hand washing and alcohol-based sanitizers, other hand sanitizers that do not contain alcohol may be useful for killing flu germs on hands in settings where alcohol-based products are prohibited.

CLASSIFIED ADS

WANTED

- Twin baby stroller wanted in good condition. Call 870-514-0488.

REAL ESTATE/VACATION PROPERTY

- Gatlinburg timeshare week for sale, Westgate Smoky Mtn. Resort and Spa, Nov. 6-13, weekend of Memphis-UT football game, will split week, sleeps four. Call 901-283-5414 and leave a message.
- East Memphis home for rent, remodeled 3 BR/2 BA, great room with fireplace, eat-in kitchen, fenced back yard, screened patio, two-car garage, credit check, \$1,100 per month, \$900 deposit. Call 901-826-8845 for information.
- Home at 7156 Hardwick for rent or lease purchase, landscaped 3 BR/2 BA, automatic garage door, neighborhood swimming pool and tennis court, discount for Baptist colleagues, \$1,150 per month. Call 901-592-1592.
- Mountain view lots for sale in Perry County, six acres and up, \$49,900 each. Call 901-262-3411 for information.
- Condominium for rent in the airport area, 2 BR/1.5 BA, carport, security doors, stove, refrigerator, washer and dryer, fenced in patio, \$650 per month. Call 901-487-3039.
- Oakland home for sale, 3 BR/2 BA, two car garage, hardwood and tile, covered patio, new AC, \$139,000. Call 901-465-6854.
- Midtown home for sale, 2 BR/2 BA, small finished attic room, tile and hardwood floors, separate living room and dining room, large fenced back yard, electronic gate, security system kitchen appliances and washer and dryer included. Call 662-801-5320 for information.
- White Station area home for sale, 3 BR/2 BA, two-car garage, extras, \$99,000. Call 901-229-4181.
- Home for rent at 2342 Arlington Ave., \$685 per month, \$400 deposit, 3 BR/1 BA living room, den, dining room, w/d connection, security, carpet, window units, furnace heating. Call 901-487-7605.

MISCELLANEOUS

- 2003 E-Z-Go gas golf cart, excellent condition, with rear passenger seat, \$2,300. Call 901-413-1288.
- Platinum wedding ring, size 6, excellent condition, \$500; gold size 6 wedding ring, \$100; treadmill, counts calories, heart rate, distance and time, excellent condition, \$150 OBO. Call 901-870-0922.
- NFL, NBA, NCAA and children's characters fleece throws, 4X6, \$50. Call Lesa at 901-409-1587.
- Grayco stroller, TravelSystem-Metro-Lite, one hand gravity fold, extra large storage basket, two deep cup holders for mom, pivoting child tray for easy entry, double lockable swivel wheels, peekaboo canopy, blue and white, includes car seat and stay in car base, like new, \$100. E-mail ann3452@bellsouth.net or call 901-853-3657.
- Ping G2 irons, 3-PW, stiff, green dot, \$275; Hogan FTX forged combo, 3-PW, stiff, quarter-length, \$250; Ping Eye 2, stiff, 3-PW, copper, black dot, collector's item, \$600, all in good to excellent condition. Call 901-481-4143.

- Double-matted floral 46x31 print bronze gold frame, print has red flowers with background in muted tan browns, \$35, perfect condition. Call 901-494-3380.
- Three-piece Winnie the Pooh set, includes highchair, swing and three-in-one playpen, \$150, extra high-chair, \$30; bouncer, \$20; rocker, \$20; massage rocker, \$20; rocker that goes side-to-side, \$25; walkers, \$10; clothes and more; scrubs, medium and large, all different colors; grill, new, \$60. Call 901-515-7594.
- New custom solid wood pantry door with etched glass that says "Pantry," wood is stained and polyurethaned, small mark on glass, never used, size 24X95, \$50. Call Patty at 901-494-3380.
- Chrome tailgate extender for Ford F150, new, \$60; Ab Lounger sport, \$45; Bowflex, \$275. Call 901-767-7376.
- Three boxes of Good Start formula, expires Jan. 2010, \$50. Call 901-562-6332.
- Toning and reshaping body girdles for men and women. Call Lisa at 901-409-1587.
- Lift chair, Tranquil Ease, vibrates and has heat, beige, one year old, \$600; Jazzy brand electric wheelchair, loaded, used twice, \$1,000 OBO. Call 901-381-9324.
- Off white strapless A-line wedding gown with petti-coat and veil, embroidery and beadwork, size 16, fits regular size 10, \$400 OBO. Call 901-299-7566.

HOUSEHOLD

- Black lacquer dresser and armoire with gold handles, good condition, \$175, must pick up; crock pot, good condition, \$30; baby stroller, metal, good condition, \$30; white toaster, \$10. Call Christie at 901-359-6672, looking to buy a swing set.
- Queen bedroom suite, headboard with mirror and lights, dresser with mirror and lights, armoire is missing one knob on bottom drawer, \$920 OBO, must pick up. Call 901-264-7477 or e-mail kimdmeh@yahoo.com.

VEHICLES

- 1982 Oldsmobile 98, blue with blue interior, runs like new, excellent condition, 78,000 miles, V8, \$1,700. Call 901-334-8112.
- 1999 Ford Taurus SE, white, very clean, runs and drives great, all maintenance records, 205,000 miles, \$2,400 OBO. Call 901-849-0789.
- 2000 Dodge Ram 1500 extended cab pickup, black, AC, power, new tires, new transmission with warranty, Flowmaster, 135,000 miles, \$4,400. Call 901-503-3429.
- 2007 Honda Accord EX-L, 25,700 miles, like new, black with tan leather, auto, power, sunroof, heated seats, loaded, one owner, garage kept. Call 901-283-7000.
- 2005 Chevrolet Uplander, gold, sport suspension, loaded, power, leather, rear power sliding doors, DVD entertainment package, rear power pack, air compressor, 62,000 miles, \$10,500. Call 901-490-7999.
- 1992 Oldsmobile 98, about 127,000 miles, power windows, seats, \$2,950. Call 901-412-9615.
- 2001 Chevrolet Monte Carlo SS, red with black interior, 106,000 miles, sun roof, satellite radio receiver, well-maintained, \$6,000. Call 901-827-9423.

CLASSIFIED AD GUIDELINES

Classified ads are published as a service to Baptist colleagues in each edition of Baptist Leader. Submissions for each edition of Leader must be received by 2 p.m. on the preceding Monday. For any ad, please include work number and location for verification purposes and **one non-work number for publication**.

Ads run at least once, and will run as space allows. New ads will receive preference over repeat ads. Services and goods offered must be legitimate and legal, and Leader cannot be responsible for misprints, omissions or false advertising. All ads may be rejected at the discretion of Baptist Memorial Health Care administration or the editor.

Ads for services and goods must be offered or wanted by Baptist colleagues, individuals or independent contractors. Franchises, other non-independent services, medical, dental and other clinical services are not eligible for classified ads.

To submit an ad, e-mail leader@bmhcc.org or fax to 901-227-3516.

SERVICES

- House cleaning, rearranging, decorating, organizing rooms. Call 901-491-7035 for a free estimate and list of services.
- Lawns mowed, hedges trimmed, edging, small trees cut; light mechanic repair, brakes, belts and more. Call Mike at 901-387-8332.
- Interior painting, trim installation, most home repairs, decorative textures and finishes, free estimates, call Charles at 901-246-7129.
- Personal assistant/companion, can provide transportation and assistance with personal hygiene, light housekeeping, references available. For information, call 901-726-1160.
- Interior and exterior painting, free estimates Call Keith at 901-942-7792.
- Christian mother of three offering childcare in my home, all ages welcome, CPR certified, can provide references. Call 901-550-7743.
- Christian child care, \$500 per month, before and after care and more, arts program, ballet, voice, speech and drama, art, sports condition. Call 901-405-4417.

PETS

- Three male yorkies for sale, \$400, CKC registered, ready to pick up Labor Day weekend. Call 901-569-3027.
- Bagle puppies, two male and five female, six weeks old, wormed, heartworm negative, beagle/basset mix, \$50 or \$75 with first shots. Call 901-606-7416.
- Chihuahua puppies for sale, three male, three female, shots, wormed, CKC certified, \$250. Call Paula at 901-488-6629

Baptist Leader, Vol. 73, No. 18, August 28, 2009

Editor: Chris Pennington
phone (901) 227-3504; chris.pennington@bmhcc.org

Photographer: Greg Campbell
phone (901) 227-3510; greg.campbell@bmhcc.org

Baptist Leader is published by Corporate Communications, Baptist Memorial Health Care Corp., 350 N. Humphreys Blvd., Memphis, Tenn. 38120. It is distributed bi-weekly to all BMHCC entities in the Mid-South. **Deadline for article submissions and classified ads is 2 p.m. Monday prior to publication. Send article ideas and submissions as well as classified ads to leader@bmhcc.org or fax to (901) 227-3516.** Baptist Leader is printed on recycled paper.